



DYNAMIC STILLNESS

Biodynamic Cranial Touch Initiatory Course • Friday, August 23 - Sunday, August 25, 2019

Biodynamic Cranial Touch (BCT) “Stillness Touch” uses simple hands-on contact to restore the body’s natural state of wisdom and harmony. Open to craniosacral practitioners and bodyworkers of all kinds. We also welcome psychotherapists with a somatic interest and meditation, movement and yoga instructors who wish to integrate conscious touch into their practice. Most important is your maturity and sincerity combined with an openness to let go of what you already know, to let yourself be informed by, and touch from stillness. This course serves as required prerequisite for BCT Mentor Course.

BCT Stillness Practices focus on practitioner development, trusting the wisdom of the forces that create, maintain, heal, and evolve us, as bodies of consciousness and Love. Required reading: *Stillness ~ Biodynamic Cranial Practice and the Evolution of Consciousness* by Charles Ridley

In this workshop, you will learn:

- BCT history, and current evolution of the practice
- Inner-body stillness practices and meditations
- Recognize subtleties of inner flow as states of consciousness unfolding
- Heart-centered whole-body felt sense awareness uniting all senses into one that guides your sessions
- How to practice BCT for the evolution of consciousness – for yourself and for your clients and how this differs from treatment models designed for relief of symptoms
- Discover where experiences fit on the classical biodynamic tidal map based on the sensual qualities characterized by direct body-felt language
- The mapless journey of BCT inside Pure Breath of Love (chapter 9 *Stillness*, and beyond)



Giorgia Milne brings a rare quality of presence that is heartfelt, spirit-filled, and deeply intelligent. Her openness, sensitivity and integrity create an atmosphere of respect, trust, and safety. She embodies 30 years integration of medical, spiritual, Indigenous Wisdom Ways, meditation, inquiry, movement, sacred bodywork, and cranial practices. She has taught worldwide for 16 years.

Casa Micanopy is a beautiful meditation retreat center located in the rural countryside of Micanopy, FL (10 miles south of the Florida School of Massage). The beautiful grounds and quiet countryside greatly support the stillness inherent in the work.

Limited, shared overnight lodging is available onsite and fills up quickly — early reservations are highly encouraged.

To reserve email Macarena at contact@casamicanopy.com

Cost \$600 • \$300 to repeat • \$200 Deposit

24 FL & NCBTMB CEU's • to register • maryreis@me.com • 352-246-6280

Venue: Casa Micanopy • 22259 NW 75 Avenue Road • Micanopy, FL 32667

To view Giorgia's complete course offerings visit: touchofpresence.com