

### Dr. Ben Benjamin Workshops

SALINGS TOO OFF

Two-Day Hands-On Workshop • 13 CEs\* Saturday, November 17, 2018 & Sunday, November 18, 2018

# Common Injuries Orthopedic Massage Assessment & Treatment

This workshop was designed by Dr. Ben Benjamin to help massage therapists and bodyworkers assess and treat specific injuries that challenge and frustrate most therapists.

The workshop provides training in anatomy palpation, injury assessment tests, treatment techniques, and client home exercises for the most typical injuries with associated with common complaints.

#### **HOW YOU CAN BENEFIT**

- Come away with a foundation of assessment tools, including orthopedic tests to identify or rule out specific soft tissue injuries.
- Learn to distinguish actual infuries from chronic muscle tension.
- Acquire a precise and consitent means of pain and injury evaluation.
- Improve your accuracy in identifying and treating injuries, resulting in more effective client treatment.

When you complete this two-day workshop, you will have information and tools ready to use on your clients the next day.

# Learn **ASSESSMENT TESTING** and **HANDS-ON TREATMENT** for these pain complaints and their injured structures

#### **Shoulder/Upper Arm**

Subscapularis tendinitis

#### **Elbow**

Tennis elbow

#### Neck/Scapula

TP7 Ligament injuries

#### **Low Back**

Iliolumbar ligament sprain





# **Anterior Knee**Patella tendinitis

#### **Lateral Ankle**

Lateral ankle sprain

# **Medial Ankle** *Medial ankle sprain*





Florida School of Massage 6421 SW 13th Street • Kines Building Gainesville, FL 32601 Saturday, November 17 from 9:00am-5:00pm Sunday, November 18 from 9:00am-4:00pm

CLICK TO REGISTER

OR CALL 617-576-0777 \$298 Registration Special EXTENDED
Regular registration is \$398

NOTE: Your PayPal receipt is your proof of registration.



**BEN BENJAMIN, PhD (Sports Medicine)** has been practicing massage since 1963 and has been nationally recognized for his contributions to massage therapy, receiving the AMTA President's Award in 2000 and an induction into the Massage Therapy Hall of Fame in 2010. \*NCBTMB Approved Provider #03029-00 • NYS Approved • Reports to Florida CE Broker