

MANUAL THERAPIES FOR SURGERIES, SCARS, AND BURNS

FLORIDA SCHOOL OF MASSAGE, GAINESVILLE, FL
JULY 8-9, 2023



Pete has been a licensed massage therapist since 1988. He is a founder and Past President of the Alliance For Massage Therapy Education and has dedicated his career to helping establish high standards in massage therapy education. He teaches throughout the US and is a frequent speaker at FCA, FSMTA, and AMTA meetings and conventions.

Pete has served as Chair of the FL Board of Massage Therapy. He received the FSMTA Charles Canfield Award for service to the massage profession in 2004. He was inducted into the Massage Therapy Hall of Fame in 2016 at the World Massage Festival.

He lives in Fort Pierce, FL with his wife Lee. They travel frequently and would love to visit your town.

with PETE WHITRIDGE, BA, LMT

Want to have fun while getting your CEU's? Spend two days with Pete Whitridge exploring the physical and emotional aspects of working with clients' scars. You will learn effective strategies for helping your clients heal.

- Refine your touching skills and deepen your knowledge of anatomy
- Gain confidence working with scar tissue
- Teach your clients to work with you during therapy
- Eliminate chronic pain by working below the client's pain threshold
- Slow down, focus your attention, be more effective with less effort

This class will offer a multi-disciplinary approach to working with scars, burns, and chronic pain. We will explore myofascial assessments, deep tissue techniques, passive and active stretching, muscle energy techniques, hydrotherapies, cross fiber friction, and self-care. We will review current findings from the Fascia Research Congress and investigate the unique nature of the connective tissues.

Deepen your therapy skills by exploring how manual therapies can affect traumatic/surgical scars and burns. This class is designed to help you pinpoint problem areas quickly, devise strategies to eliminate pain, and work collaboratively with your client. You will receive lots of bodywork, learn new ways to handle clients with chronic pain, and reconnect with fellow massage therapists. You will leave this class with new skills and confidence in helping your clients be pain free! your clients be pain free!

"Outstanding [knowledge of the subject]; explains and conveys information at a good pace, concisely and with humor. [Organization of the class] flows naturally and spontaneously. I like the multitude of visuals, auditory and hands-on. Great presence; sincere. Fantastic; great instructor!" Anon. SSMT student

6421 SW 13th St.
Gainesville, FL 32608

Time: 9 am - 6 pm

Cost: \$295 (before Feb. 10)
\$350

[Register Here](#)

Lee Whitridge

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