

Transcript: Eloise Albrecht, Why FSM?

Hi, my name is Eloise Albrecht. I came to school here in the fall of 1994. At the time, I was living in New Jersey and was done with snow, so I sent away for catalogs from 18 different schools in warm places.

What pulled me here was the combination of science and what some people might call “woo.” A lot of schools are very science-heavy, and a lot are very woo-heavy. What I loved about FSM was that it felt like equal proportions when I was reading about the school.

When I arrived, it really was both. It was learning origins and insertions, learning how the kidneys work — and also sitting in a circle and sending energy to someone in the hospital.

There are so many possibilities in both of those directions, and what mattered to me was that they were held equally. That balance feels important.

Humans have minds, and you can't get rid of that — but we may live a little too much in our heads. So how do you draw yourself into physicality, into being, into the juicy experience of being on the planet and being physical?

Both of those aspects are important, and if you get rid of one or the other, you become lopsided. That's what I love about this place.

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